

STUDY SUPPORTING COURSES AND GROUPS 2020–2021



jamko

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Study Supporting Courses and Groups

SWZZ1801S Nature and Wellbeing (5 op)

Content: Theories linking nature and well-being, evidence-based research results between nature and wellbeing benefits, practical tools for preventive and treatment-based rehabilitation, health care and social work – indoors, in green spaces and wood lands.

Contact person: Maija Jylhä

Join the Virtual Study Club

Why to work with your study assignments alone, when you can do it with company! In the Virtual Study Club you can do your assignments by yourself in parallel with other students. You can also get guidance from JAMK guidance staff when necessary.

When and where? [At Zoom](#) every Monday 8.2.-29.3.2021 (not 1.3.2021), 12:00-15:00.

Do I need to register? No, anyone can join as many times as they like!

Contact: Tiina Siitonen and Piia Hynynen (Study counsellors)

BITSupport

Support for learning assignments for BIT students

Tuesdays at 9-12, G205

Contact: Teemu Pölkki

Pop-up guidance for IB students

You can come to discuss about your studies or career plans with you career tutor or Study Counsellor

Rajakatu 35, D-lounge on Tuesdays at 10.00-11.30.

Contact: Piia Hynynen and Tiina Siitonen

Pop-up guidance for tourism students

You can come to discuss about your studies or career plans with you career tutor or Study Counsellor Rajakatu 35, D-lounge, On Wednesdays at 11.00-12.00

Contact: Susanna Nuijanmaa, Henna Siltanen and Tiina Siitonen

Pop-up guidance for BIT students

You can come to discuss about your studies or career plans with you career tutor.

In Zoom on Tuesdays at 10.00–11.30

Contact: Ilari Miikkulainen (/5380029375)

Practical training pop-up for tourism and hospitality students

Support for practical training process

Implementation: every other Wednesday online (ask zoom link from the contact person)

20 January 2021

3 February 2021

17 February 2021

17 March 2021

31 March 2021

14 April 2021

28 April 2021

12 May 2021

Tourism Management: at 11:00-12:00

Contact persons: Ani Lietonen and Karoliina Väisänen

HyPe coffee time - Come and meet the student wellbeing staff

JAMKOn discord-cannel, on Tuesdays from 1.9. at 15.00–15.30.

Thesis workshop for business administration (Bachelor's and Master's students)

Guidance and support for writing your thesis.

Implementation: on Thursdays at 10:00–13:00 online in the Zoom room.

Thesis workshop is open from 14 January to 30 May 2021. It is closed on 4 March and 13 May 2021.

Contact person: Tarja Niemelä

Thesis workshop for hospitality management (Bachelor's and Master's students)

Guidance and support for writing your thesis.

Implementation: on Thursdays at 9:30–11:30 in the Zoom. Ask the Zoom link and password from the contact person Elina Vaara.

Made by JAMK HyPe-team

Pidetään huolta
Dare to care

