## GENERAL INFORMATION

<table>
<thead>
<tr>
<th><strong>DEGREE PROGRAMME</strong></th>
<th>Degree Programme in Nursing, specialisations in nursing, public health nursing and midwifery.</th>
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<tbody>
<tr>
<td><strong>SCOPE</strong></td>
<td>Nursing 210 ECTS credits, Public Health Nursing 240 ECTS credits, Midwifery 270 ECTS credits</td>
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<tr>
<td><strong>DESCRIPTION</strong></td>
<td>The course will endow students with an expertise in nursing. During the course of the work, nurses will plan, execute and develop health promotion and maintenance, illness prevention and healing, as well as rehabilitative nursing care. In this humane work nurses will take care of, support and guide clients as well as develop and manage nursing. The studies are practical, the practical training comprises about one third of the studies. All students complete part of their education in English. Part of the studies are carried out in a multidisciplinary approach with other students in laboratory learning environments. Prior knowledge can speed up the process towards graduation. In the course of one’s studies, students take advantage of online and project learning. The studies allow for the construction of one's own career path in areas such as by focusing on the development of entrepreneurship and international skills. Students can gain international experience by completing part of their theoretical studies or practical training abroad.</td>
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<tr>
<td><strong>LANGUAGE OF STUDY</strong></td>
<td>Finnish</td>
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<tr>
<td><strong>CODE</strong></td>
<td>SHO13S</td>
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<td><strong>DEGREE</strong></td>
<td>Bachelor of Health Care</td>
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<td><strong>DEGREE LEVEL</strong></td>
<td>National Qualifications Framework level 6.</td>
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<tr>
<td><strong>TARGET GROUP AND ADMISSION CRITERIA</strong></td>
<td>Eligible applicants are individuals who possess a secondary education, such as a secondary school leaving certificate, a matriculation, a vocational school diploma, or those who by the application deadline have completed in a university of applied sciences at least 60 ECTS credits of studies suitable for degree programme in nursing. Student admission is in two stages: in the first stage, the applicants are selected for the entrance examination from the first preference of applications and on the basis of points granted for school performance. The numbers of applicants equalling four times those to be selected for the studies are invited to the entrance examination. The second stage is the entrance examination itself, with an emphasis on the suitability to the field by assessing the applicant’s motivation, social skills, and learning and working capabilities. The entrance examination includes a maths test, an individual interview which is conducted by a teacher, and a group situation. In addition, the health and functional capacity of the individual who is applying for the Degree Programme in Nursing should be such that the student is able to perform the tasks and practical training that are associated with the studies (Polytechnics Act 20 a § 12.8.2011/953). A check of criminal background is performed in accordance to the unsuitability legislation.</td>
</tr>
</tbody>
</table>
STUDIES

KEY LEARNING OUTCOMES
The learning objectives of the Degree Programme in Nursing at JAMK University of Applied Sciences are based on the Basics of the Curriculum Work document and on degree programme specific competencies. According to the curriculum, the degree programme prepares professionals with broad-based nursing/midwifery/public health nursing competencies who are capable of a critical application of professional knowledge and skills in different nursing operating environments. They are able to operate in nursing specialist tasks using research data as the basis of their activity. They have a strong internal culture of entrepreneurship and they want to work in an entrepreneurial environment. They are able to obtain the special skills required by their duties and express the desire to evolve along with the changes in their working life. They know how to act in accordance with the ethical principles of nursing and how to take responsibility for the continuous development of both themselves and the working community.

PROFILE
The Degree Programme in Nursing at JAMK University of Applied Sciences offers students the opportunity to build their nursing expertise with an emphasis on the share of the focus area at University of Applied Science, family wellness and health promotion, entrepreneurial expertise, and international competence. Students have the opportunity to study a number of courses in English, as well as being able to study or train abroad for several months. They also have the opportunity to learn about entrepreneurial activity and entrepreneurship as part of their studies. The studies are very practical, with about one third of the course taking place in the form of practical training in various practical nursing tasks in Central Finland.

COURSE STRUCTURE
Practical training (75 ECTS credits) is included in the compulsory and optional studies.
Vocational studies incl. practical training (120 ECTS credits)
(the figures are explained for students in English)
### COURSE CONTENT AND PERFORMANCE

The course includes basic and vocational studies, elective studies, specialization training, and a graduation thesis.

During the first year of studies, learning takes place in joint and multi-disciplinary social and health care teams under the guidance of the teacher tutors or team coaches. In this case studies are contained in three competence areas:

1. Health Care and Social Services customer relationship,
2. Wellness and Health Promotion,
3. Health Care and Social Services operating environments.

In the second and third year studies, the competence areas are:

1. The basics of nursing;
2. Client-centred nursing in different operating environments;
3. Family and Community Nursing;
4. Acute and operative nursing;
5. Health promotion and public health nursing;
6. Broad responsibilities nursing.

The fourth year studies consist of the thesis in the specialisation option of a Nursing thesis and the Developing expertise competence area, where students can choose the area of nursing according to their career plans which will improve their skills.

In the specialisation option of Public Health Nursing and Midwifery, the students carry out vocational studies according to their specialisation option.

Practical training that is conducive to professional skills is carried out according to each student’s personal career and personal learning plan (PLP) in the practical training work placements and projects, and by working in the JAMK's Lab environments. Parts of the study programme are carried out in English. The thesis is based on long-term research, development, and innovation work that is carried out on the basis of the development needs of working life.

The course shall be completed within two semesters from its beginning. The exception is the graduation thesis, practical training, special working life oriented project studies, as well as extensive courses implemented in a number of semesters. In cases where a course remains incomplete, the student shall re-start it.

In the first contact lesson of a course, a review is carried out of the course's learning objectives and content, along with the different procedures and evaluation criteria; additionally, the possible examination date is agreed upon (the immediate time at which this will be carried out) and the course completion date is announced, after which no further attempts are accepted. Students have the opportunity to try to complete a course a total of three times: during the immediate performance of the course or in two specially determined resit exam times.

### LEARNING ASSESSMENT

Learning outcomes are assessed in relation to the course’s learning objectives. Assessment decisions are based on the evaluation criteria provided in the course descriptions. Courses are assessed on the assessment scale that is specified in the course description. According to its purpose, the scale may be one of five steps: 5 (excellent), 4 (very good), 3 (good), 2 (satisfactory) and 1 (adequate) or a pass (P) or fail (0). The course has been failed (with a fail (0)) if the student does not achieve the minimum outcomes that are set for the completion of the course.
Students have the right to know how the evaluation criteria are applied to their skills. Course performance is recorded in the transcript of records no later than one month after the declared point of completion for the course and always before the end of the academic year.

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<tr>
<th>ACCREDITATION AND RECOGNITION OF PRIOR LEARNING (RPL)</th>
<th>The procedures for accreditation are described in the Degree Regulations and in the Study Guide.</th>
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**MODE OF STUDY**

At JAMK's School of Health and Social Studies, team learning is already in use from the first year of studies. The team study format allows for team work skills training, the project work skills development that is necessary in working life, and also benefits from the learner's active role and internal entrepreneurship and creativity. Teams are also an excellent learning platform for learning the communications skills and dialogue that are important for the wellness sector. The main methods of implementation of the studies:

- contact study
- distance learning (e.g., virtual learning, online studies)
- independent studies
- team learning
- work-based studies
- Problem Based Learning
- Case Study in multidisciplinary teams
- project work
- studies supporting internationalisation skills (including courses in English and studies that are carried out abroad)

**PROFESSIONAL GROWTH AND KNOW-HOW**

The curriculum for the degree programme is built out of working life orientated competence areas of nursing, as well as common and national competencies for the degree programme at the University of Applied Sciences. The competence areas consist of courses, as well as of study modules formed from these courses, to which the common and degree programme-specific competences are attached. Competence develops in the focus area of the JAMK - Family wellness and Health Promotion - throughout the course of the programme. The students make choices in line with their career plans within the competence areas and courses, among other things, through learning tasks and methods, the thesis, as well as specialization training environments.

**QUALIFICATION REQUIREMENTS AND REGULATIONS**

The learning objectives of the Degree Programme in Nursing are based on the ARENE (Rectors’ Conferences of Finnish Universities) profession specific competencies (which are specific to the Degree Programme in Nursing), and the requirements of the European Parliament and of Council Directive 2005/36/EC of 07.09.2005 on the recognition of professional qualifications. The professional titles of a nurse, midwife and public health nurse are to be used and the profession can be entered into only by the certified nurse, midwife or public health nurse. The activities are supervised by state administrative agencies, as well as the National Supervisory Authority for Welfare and Health, VALVIRA.

**ADDITIONAL INFORMATION**

The share of practical training in the degree programme in Nursing specialisation option is 75 ECTS credits, while the Public Health Nursing specialisation option is 85 ECTS credits, and the Midwifery specialisation option is 120 ECTS credits.
Students can complete a number of study courses in the Nursing specialisation option in English by selecting professional studies from the English language Degree Programme in Nursing.

Students may be charged separately for the cost of materials where such costs correspond to real life acquisitions or production costs in terms of teaching materials, tools, equipment, or supplies that remain in the student’s possession after their education has been completed. If a student obtains similar materials from other sources, he or she is not charged for the cost of materials (Government Decree 1230/2009 2 §).

Bachelor’s degree programme is free for students.

**GRADUATION**

The requirement for the receipt of the certificate of Bachelor degree is that students complete the studies for their degree programme during the study period in accordance with the personal learning plan (PLP).

JAMK University of Applied Sciences provides students with a certificate of completion of the Bachelor’s degree (210, 240 or 270 ECTS credits). A transcript is attached to the certificate.

**EMPLOYMENT AND FURTHER STUDIES**

**EMPLOYMENT OPPORTUNITIES**

Nurses who graduate from the Degree Programme in Nursing work in nursing specialist positions such as on reception, inpatient care, and home health care for health care centres, in social and health care industry companies, as well as in specialised outpatient clinics, wards, operating rooms and mental health centres.

The work of midwives is in areas such as delivery rooms, maternity wards, gynaecological outpatient clinics, and general wards, as well as in maternity and family planning clinics.

Public health nurses work in areas such as in the home and in day medical care centres, on receptions at health centres, in child and maternity health centres, in school and student health care, and in occupational health care services.

**OPPORTUNITIES FOR POST-GRADUATE STUDIES**

After the completion of the Bachelor's degree and about three years of a working life phase, the nurse/midwife/public health nurse can continue their studies in the Master's degree programme at a university of applied sciences or they can apply for Master’s degree programmes at universities. After graduating from the university of applied sciences, it will be possible to continue in foreign institutions of higher education on Master's level degree programmes. The University of Applied Sciences offers continuing education opportunities for specialisation studies, learning agreement type in-service training, and in working life-based continuing education. If a student completes a Master’s degree, they will be able to gain further study opportunities in scientific or artistic post-graduate studies at universities (§ 37/558/2009).

**OTHER INFORMATION**

**HEAD OF THE DEGREE PROGRAMME**
Pirkko Hautala, Head of Department, tel. +358 40 564 9105, pirkko.hautala@jamk.fi

**PROGRAMME PLANNING PROCESS**
In addition to the faculty, nursing students and working life representatives from primary health care and institutional care as well as from specialised medical care have participated in the planning work of the degree programme and in the
definition of the learning objectives of the curriculum. The planning takes into consideration the forecast results for the development projects of the Ministry of Social Affairs and Health and National Institute for Health and Welfare regarding the competence requirements of nursing professionals.

The competence required in working life and in terms of future competence are specified and are included in the courses on an annual basis on the basis of research and the challenges that emerge from working life.

| SCHOOL | JAMK University of Applied Sciences  
School of Health and Social Studies, Degree Programme in Nursing  
Puistokatu 35, 40200 Jyväskylä |
| QUALITY MANAGEMENT | The University of Applied Sciences is using the quality management system that was audited by the Finnish Higher Education Evaluation Council (FINHEEC). The education process is developed on the basis of the feedback collected from students.

The student organisation, JAMKO, gathers feedback twice a year from students (a period known as Grumble Week). The feedback is discussed with the staff of the degree programme. Once a year, the Head of Department carries out a feedback discussion with the student groups.

The principles of the curriculum are approved by the JAMK University of Applied Sciences Academic Board and by the Vice Rector of the degree programme specific curriculum.

JAMK’s operational Quality Management Development Team group (quality coordinators) complete paragraph 11.12 after the meeting. |
| PEDAGOGICAL PRINCIPLES | The degree programme is implemented in accordance with the pedagogical principles that have been approved by JAMK University of Applied Sciences Academic Board.

| ETHICAL PRINCIPLES | The students and employees of JAMK University of Applied Sciences operate jointly according to the accepted (by JAMK Academic Board on 15.12.2010) ethical principles.

Heikki Malinen, Vice Rector |